

# RSU 26 October Breakfast Menu

Cinnamon roll <sup>1</sup>  
Juice Box  
Craisins  
Milk

Egg Cheese Sandwich <sup>2</sup>  
Juice Box  
Grapes  
Milk

Cinnamon roll <sup>5</sup>  
Juice Box  
Craisins  
Milk

Blueberry Muffin <sup>6</sup>  
Juice Box  
Orange Wedges  
Milk

Bagel/cream cheese <sup>7</sup>  
Juice Box  
Fruit Cup  
Milk

Assorted Cereal <sup>8</sup>  
Juice Box  
Apple Slices  
Milk

**No School** <sup>9</sup>

**No School** <sup>12</sup>

Chocolate Chip Muffin <sup>13</sup>  
Juice Box  
Fresh Apple  
Milk

Assorted Cereal <sup>14</sup>  
Juice Box  
Apple Slices  
Milk

Cocoa Bread <sup>15</sup>  
Juice Box  
Craisins  
Milk

Sausage/Pancake <sup>16</sup>  
on a Stick  
Juice Box Grapes  
Milk

Sausage/Pancake <sup>19</sup>  
on a Stick  
Juice Box Grapes  
Milk

Cocoa Bread <sup>20</sup>  
Juice Box  
Craisins  
Milk

Bagel/cream cheese <sup>21</sup>  
Juice Box  
Orange Wedges  
Milk

Chocolate Chip Muffin <sup>22</sup>  
Juice Box  
Fresh Apple  
Milk

Honey Bun <sup>23</sup>  
Juice Box  
Craisins  
Milk

Egg Cheese Sandwich <sup>26</sup>  
Juice Box  
Grapes  
Milk

Assorted Cereal <sup>27</sup>  
Juice Box  
Apple Slices  
Milk

Cinnamon roll <sup>28</sup>  
Juice Box  
Craisins  
Milk

Blueberry Muffin <sup>29</sup>  
Juice Box  
Orange Wedges  
Milk

Bagel/cream cheese <sup>30</sup>  
Juice Box  
Fruit Cup  
Milk

Lunch Menu includes a whole grain, meat/meat alternative, fruit, vegetable and milk component in compliance with the Summer Food School Program. All Grains listed are Whole Grain Rich and 1% white milk is served daily

**Menus are subject to change due to without notice**

"This institution is an equal opportunity provider"

# RSU 26 October Lunch Menu

			Breaded Pollock 1 Curly Fries Coleslaw Grapes	Homemade Chicken2 Noodle Soup Southern Biscuit Applesauce
Cheeseburgers 5 Seasoned Fries Baby Carrots Diced Peaches	Whole Grain Pizza 6 Side Garden Salad Apple Slices	Popcorn Chicken 7 Tater Tots Cucumber w/ranch Mandarin Oranges	Cheesy Lasagna 8 Garlic Breadsticks Seasoned Veggies Blueberry Cobbler	<b>No School</b> 9
<b>No School</b> 12	Chicken Burger 13 Seasoned Fries Baby Carrots Apple	Stuffed Shells 14 Garlic Breadsticks Seasoned Veggies Pineapple Tidbits	Whole Grain Pizza 15 Side Garden Salad Mixed Fruit	Chicken Stew 16 Homemade Biscuit Seasoned Veggies Apple Crisp
Chop Suey 19 Cheesy Garlic Bread Seasoned Veggies Blueberry Cobbler	Whole Grain Pizza 20 Side Garden Salad Mandarin Oranges	Cheesy Breadsticks21 Marinara Sauce Baby Carrots Diced Peaches	Toasted Cheese 22 Tomato Soup Sugar Snap Peas Fresh Melon	Cheeseburgers23 Seasoned Fries Peppers w/ranch Grapes
Beef Stew 26 Homemade Biscuit Seasoned Veggies Apple Crisp	Chicken Tenders 27 Curly Fries Celery Sticks Orange Wedges	Turkey/Cheese Sub 28 Baked Potato Chips Baby Carrots Grapes	Whole Grain Pizza 29 Side Garden Salad Banana	Shepherds Pie 30 Dinner Roll Seasoned Veg Apple Slices

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