


OHS/OMS

December

Lunch Price \$2.55

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			<p>Taco Boat Whole Grain Tortilla Boat Pork Carnita Beans, Rice, Cheese <i>Fresh Fruit & Salad Bar*</i></p>	<p>Panini Sandwich Chicken Pesto Caprese Panini (Tomato, Mozzarella & Pesto) <i>Fresh Fruit & Salad Bar*</i></p>
5	6	7	8	9
<p>Pasta Bar Chicken Alfredo Spaghetti Sauce Dinner Roll <i>Fresh Fruit & Salad Bar*</i></p>	<p>New Recipe Turkey Stew or Broccoli & Cheese Soup with Biscuit (wgr) <i>Fresh Fruit & Salad Bar*</i></p>	<p>Pizza Day Assorted Pizzas Whole Grain Crust <i>Fresh Fruit & Salad Bar*</i></p>	<p>BBQ BBQ Pulled Pork on Wg roll or Vegetraian Nugets with Roll Homemade Coleslaw <i>Fresh Fruit & Salad Bar*</i></p>	<p>Caf Classic Sloppy Joe on Whole Grain Roll Or Veggie Burger- New <i>Fresh Fruit & Salad Bar*</i></p>
12	13	14	15	16
<p>New Recipe Tangy Chicken Parmesan Dinner Roll Broccoli <i>Fresh Fruit & Salad Bar*</i></p>	<p>Burgers Hamburger, Cheeseburger Homemade Veggie Burger- New Recipe <i>Fresh Fruit & Salad Bar*</i></p>	<p>Pizza Day Assorted Pizzas Whole Grain Crust <i>Fresh Fruit & Salad Bar*</i></p>	<p>Warm up Homemade Chili Cornbread <i>Fresh Fruit & Salad Bar*</i></p>	<p>Deli Day Chicken Fajitas Grilled Chicken, Peppers & Onions on Tortilla, additional topping on salad bar <i>Fresh Fruit & Salad Bar*</i></p>
19	20	21	22	23
<p>Breakfast for Lunch Egg and Cheese Sandwich Hash Browns <i>Fresh Fruit & Salad Bar*</i></p>	<p>New Recipe Turkey and Dressing Supreme Maine Butternut Squash <i>Fresh Fruit & Salad Bar*</i></p>	<p>New-Just Like Pizza Cheeseburger Roll Up or Cheese Roll Up <i>Fresh Fruit & Salad Bar*</i></p>	<p>Chef's Choice <i>Fresh Fruit & Salad Bar*</i></p>	<p>No School</p>
26	27	28	29	30
No School	No School	No School	No School	No School

Lunch Menu includes minimum of an Entrée, Whole Grain (wgr), Fruit, Veg, and Milk (low fat regular and flavored). Students must take a minimum of 1/2 cup of fruit or vegetable to be in compliance with National School Lunch Program. *Salad Bar is included with lunch and offers different items daily which include fruits and vegetables as well as mixed salads, and items to go with daily menu. Sunbutter & Jelly Sandwich are available as an alternate. **Free and Reduced are for the full meal. Milk alone costs .50 and must be prepaid or paid at time of purchase.**

Free and reduced breakfast and lunch applications are available at the school offices.

Contact Info: Kathy Kittridge, Food Service Director, kkittridge@rsu26.org 866-7110 exr 103

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