

Monday	Tuesday	Wednesday	Thursday	Friday
Meatless Monday 2 Veggie Burgers on a whole Grain Bun Sweet Potato Fries Fresh Fruit & Salad Bar	Deli Day 3 Chicken, tuna or egg salad On whole grain flat bread Fresh Fruit & Salad Bar	National Taco Day 4 Beef Tacos Whole Grain Corn Shell Refried Beans Fresh Fruit & Salad Bar	Pizza Day 5 Assorted Pizzas on Whole grain crust Fresh Fruit & Salad Bar	6 No School
9 No School	Fish Sandwich 10 Wild Alaskan Pollock on a whole grain Roll French Fries Fresh Fruit & Salad Bar	Sausage Pizza Day 11 Assorted Pizzas on Whole grain crust Fresh Fruit & Salad Bar	Tuscan Thursday 12 Chicken Tetrazzini With whole grain pasta Fresh Fruit & Salad Bar	Friday Favorites 13 Buffalo Chicken Mac 'n Cheese with Whole Grain Pasta Fresh Fruit & Salad Bar
Rise 'n shine lunch 16 Croissant Breakfast Sandwich Fresh Fruit & Salad Bar	Burger Day 17 Cheeseburger or Veggie Burger on whole grain roll French Fries Fresh Fruit & Salad Bar	Pizza Day 18 Assorted Pizzas on Whole grain crust Fresh Fruit & Salad Bar	Riot Pride BBQ 19 Pulled Pork sandwich on a whole grain roll Homemade Coleslaw Fresh Fruit & Salad Bar	Comfort Classic 20 Bean & Beef Chili Cornbread Fresh Fruit & Salad Bar
Café Classic 23 Toasted Ham & Cheese on Whole grain bread Tomato soup Fresh Fruit & Salad Bar	Try it Tuesday 24 Chicken Caesar on A whole grain Flatbread Confetti Corn Salad Fresh Fruit & Salad Bar	Wrap up Wednesday 25 Turkey & Cheese Rollup On a whole grain tortilla Fresh Fruit & Salad Bar	Pizza Day 26 Assorted Pizzas on Whole grain crust Fresh Fruit & Salad Bar	National Breadstick Day 27 Whole Grain Breadstick Meaty Marinara Dipping sauce Fresh Fruit & Salad Bar
Monday flavors 30 Chicken Alfredo with Whole grain pasta Fresh Fruit & Salad Bar	Spooky Surprise 31 Chef's Choice Homemade Pumpkin Bread Fresh Fruit & Salad Bar			

Lunch Menu includes minimum of an Entrée, Whole Grain, Fruit, Veg, and Milk (low fat regular and fat free flavored). Students **must take a fruit or vegetable** to be in compliance with National School Lunch Program. *Salad Bar is included with lunch and offers different items daily, which include fruits and vegetables as well as mixed salads, and items to go with daily menu. **Menus are subject to change**